1. Leader Gather materials
2. Leader pass out the test paper A and pencils
3. Get the timer ready.
4. Start the timer and the test A at the same time.
5. Stop the timer and the test after one minute. Put the pencils down.
6. Leader hand out the gum and unwrap.
7. Put gum in your mouth and chew for 30 seconds. Turn the test over
8. Leader start the timer. Begin the test B
9. After a minute stop the timer and the test and spit out the gum put the pencils down.
10. Correct papers A and B
11. Record the scores for each trial in the data table.